

Athlete's Code of Conduct

Athletes are the most important assets in our sport. Representing the Virgin Islands of the United States on a national team is a unique honor and distinction. Athletes compete to win but in the Olympic Movement, winning, while being most important, must not be attained at all costs. Fair Play, good sportsmanship, and respect for all others involved in competition is also fundamentally important.

Obligations regarding Competition

An athlete should:

1. make every effort to develop his/her own sporting abilities, in terms of skill, technique, tactics and stamina in preparation for participation in the activities for which he/she has been selected.
2. give maximum effort and strive always to achieve best possible performance.
3. set a positive example for others, particularly young registrants of the representative team.
4. respect the time of teammates and coaches.
5. always focus on the best interests of the team.
6. avoid using inappropriate language.
7. report any medical problems in a timely manner, where such problems may limit the athlete's ability to train or compete.
8. adhere to the Federation's requirements regarding clothing and equipment.

Obligations towards the team

An athlete should:

1. make every effort to conduct oneself during competition in a manner consistent with Fair Play, Good Sportsmanship, and the Rules governing the competition.
2. resist any influence that might, or might be seen to, bring into question his/her commitment to the team.

Respect the Rules of the competition

An athlete should:

1. know and abide by the Laws, rules and spirit of the sport and the competition rules.
2. accept success and failure, victory and defeat, equally.
3. resist any temptation to take banned substances or use prohibited techniques.

Respect towards other competitors

An athlete should:

1. treat other competitors with due respect at all times, irrespective of the result of the competition.
2. safeguard the well-being of others, avoid violence and help injured athletes.

Respect towards Competition/Technical Officials

An athlete should:

1. accept the decisions of the Official without protest.
2. avoid words or actions, which may mislead an Official.
3. show due respect towards Officials.
4. follow due process when reporting/protesting on Officials.

Respect towards Team Officials

An athlete should:

1. abide by the instructions of the Coach and Team Officials, provided they do not contradict the spirit of this Code.
2. show due respect towards the Officials of other competing teams.

Obligations towards spectators

An athlete should:

1. show due respect to all spectators during the competition.
2. seek to perform in a manner that would facilitate support from spectators.
3. avoid any activity aimed at engendering confrontation with spectators.

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Athlete's signature

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Date

Details for revisions:

Name of Document:	ATHLETES' CODE OF CONDUCT
Version number:	V1
Effective date of this version:	1, February, 2025
Authorized by:	Members' Constitution Review Meeting 2025
Review cycle:	Every 4 years
Responsibility of Review Cycle:	President
Revision history:	V1: Creation of the Code
Date:	26, December 2024
Approved by:	Keith A. Smith Sr., President of VITFF